



ISARCON 2025

"Atherosclerosis in the Era of Cardiometabolic Disorders"

35TH ANNUAL CONFERENCE OF INDIAN SOCIETY FOR ATHEROSCLEROSIS RESEARCH



Organized By
Indian Society for Atherosclerosis Research

Date: 21st-23rd February, 2025

Venue : Hotel Harshikhar, Bhimtaal, Uttarakhand

Dear Colleagues and Friends,

It gives us immense pleasure to convey the message that Indian Society for Atherosclerosis Research have embarked on the mission of organizing the 35th Annual conference of Indian Society for Atherosclerosis Research (ISARCON 2025). The event is scheduled from 21st-23rd February, 2025 at Bhimtaal, Uttarakhand.

It is our privilege to extend a warm invitation to this grand academic event. The theme of this year Annual conference of ISARCON is "**Atherosclerosis in the Era of Cardiometabolic Disorders**". This will be an excellent arena to share, learn and interact with the experts of the subject and other renowned faculties in the field of Atherosclerosis research.

Organizing Team
ISARCON 2025

ORGANIZING COMMITTEE

Organizing Chairman

Dr. Anupam Prakash

Organizing Co-Chairman

Dr. Saurabh Srivastava

Organizing Secretary

Dr. Abha Sharma

Scientific Chairman

Dr. Ashok Kumar

Co-Scientific Chairs

Dr. Subha Laxmi Margeker

Treasurer

Dr. Anshuman Srivastava

Joint Secretary

Dr. Smita Nath

Executive Committee

Dr. Ajay Kumar Gupta, Dr. Amitesh Aggarwal, Dr. Aruna Nigam,
Dr. Alpana Raizada, Dr. Deepak Sharma, Dr. Ghanshyam Pangtey,
Dr. Neelesh Kapoor, Dr. Pikee Saxena, Dr. Piyush Jain, Dr. Ramesh Agarwal,
Dr. Shiva Narang, Dr. Vivek Suman

REGISTRATION FORM

1. Name.....
2. ISAR Member: Yes (Membership No:) No
3. Name of the Institution:
4. Communication address with Pin code:
.....
.....
.....
5. Mobile No: Email:
6. Rooms required: Y / N. Dates of requirement:
7. Accompanying Persons:

Sl. No.	Name	Age	Sex

Date

Signature

Categories	
ISAR Member	Rs. 10,000/-
Non-ISAR Member	Rs. 12,000/-

- * Rooms will be provided as per availability
- * Registration fees is exclusive of accommodation
- * Kindly email your requirement for room and tariff at dr_ashk2006@yahoo.co.in

* **Payment to be done at [Indian Society for Atherosclerosis Research Account No. 3009101059892 IFSC Code: CNRB0003009 UCMS AND GTB BRANCH DELHI](#)**

BEST PAPER AWARDS

- Balaji Endowment medal for basic experimental research in atherosclerosis
- Sri Venkateswara cardiac research medal for clinic research on atherosclerosis and allied aspects
- Lord Shreenivasa of Seven Hills gold medal for best original research paper

ELIGIBILITY CRITERIA:

- The candidate should be a member of the society for at least two years
- He/she should be the first author of the paper
- The work should have been carried out in India and should be original in content. The author should indicate whether his work should be considered for award on basic research or clinical research
- The awarded should be 35 years of age or less, and working in an organization for a minimum period of 3 years.
- He/she should obtain a certificate from the head of the institute / department that the work was primarily carried out by the applicant. The paper should not have been already published in any scientific journal
- A member who has won the medal against a particular award will not be eligible for a second time, although such a member can be a co-author of a paper for the subsequent award
- No member can present more than one paper for the award.

GUIDELINES FOR ABSTRACT SUBMISSION:

All abstracts must be written exclusively in English

Presenting author's contact details; name, address, phone number and email address.

Name(s) of presenting author and co-authors

STRUCTURE:

- Abstract text should include:
 - I. Aim/Objective(s)
 - II. Material and method
 - III. Result(s)
 - IV. Conclusion
- Word limit: 250 words.
- Do not include references in the abstract.

Use only standard abbreviations. Special or unusual abbreviations are not recommended. If otherwise necessary, the latter should be placed in parenthesis after the first appearance of the full word, except for unit symbols. Numeral rather than words may be used to indicate numbers.

Mail your abstracts to dr_ashk2006@yahoo.co.in

Last date for submission of abstracts: 30 January 2025

Intimation of abstract submission will be made via email

ORATIONS

LHMC ORATION

DR. RN CHAKRAVORTY ORATION

AMAR SHYAM ORATION

Eligibility Criteria-

- The nominee should ordinarily be a member of the society for at least two years.
- In exceptional circumstances the secretary with concurrence of EB can nominate non-members too.
- Should be an eminent scientist who has contributed significantly to atherosclerosis research may be nominated by life members of the society for the oration award.

Award constituents - Certificate and Plaque

Rules

- Bio-data of the nominee
- Abstract of oration (about 250 words)
- ISAR membership status of the nominee
- Recommendations from the ISAR life member who is proposing the nomination.

Deadline of Inviting Applications-

The last date for receipt of the abstracts/applications is January 30th 2025 at dr_ashk2006@yahoo.co.in

ISARCON 2025

"Atherosclerosis in the Era of Cardiometabolic Disorders"

DAY 1			
February 21, 2025 - 6.00 pm to 8:00 pm			
Chairpersons:	Dr. Shubha Laxmi Margekar, Dr. Abhinav Dixit		
SESSION 1	6:00 - 6:30 PM	Dr. Abha Sharma	Dual Antiplatelets: Role in small vessel arteriosclerosis related stroke??
	6:30 – 7:00 PM	Dr. Ajay Kumar Gupta	Post Prandial Hypertriglyceridemia & Risk of CVD
	7:00 – 7:30 PM	Dr. Anshuman Srivastava	NAFLD Related Atherosclerosis
	7:30 – 8:00 PM	Dr. Ashok Kumar	Uncovering a Hidden Player in ASCVD: Lp(a)
DAY 2			
February 22, 2025- 9.00 AM to 5.00 PM			
Chairpersons:	Dr Babita Pangtey, Dr. Meenakshi Aggarwal		
SESSION 1	9:00 – 10:00 AM Paper Presentations and Award session	Dr. Jay Patel	
		Dr. Mukul Prasoon	
		Dr. Varsha Yadav	
Chairpersons:	Dr. Parag Sharma, Dr. Vishal Goswami		
SESSION 2	10:00 - 10:30 AM	Dr. Amit Kumar Sharma	Statin Therapy for Atherosclerotic plaque: Regression or Healing
	10:30 - 11:00 AM	Dr. Vivek Suman	Inflammatory markers and Atherosclerotic CVD
	11:00 - 11:30 AM	Dr. Abhinav Dixit	BP Variability & CAD
Chairpersons:	Dr. Jeevan Prakash, Dr. Nilima Saxena		
SESSION 3	11:30 - 12:00 PM	Dr. Pikee Saxena	Dr. Amar Shyam Oration
	12:00 - 12:30 PM	Dr. Anupam Prakash	Presidential Oration
Chairpersons:	Dr. Amitesh Aggarwal, Dr. Ramesh Aggarwal		
SESSION 4	12:30 - 1:00 PM	Dr. Shubha Laxmi Margekar	LHMC Oration
	1:00 - 1:30 PM	Dr. Aruna Nigam	Dr. R.N. Chakravorty Oration
LUNCH 1:30 - 2:00 PM			

Chairpersons: Dr. Shubha Laxmi Margekar, Dr. Abhinav Dixit			
SESSION 5	2:00 – 2:30 PM	Dr. Ghanshyam Pangtey	Metabolic Dysfunction in Patients of Rheumatoid Arthritis
	2:30 - 03:00 PM	Dr. Radha Goswami	Exercise Prescription in Cardiac Rehabilitation
	3:00 - 03:30 PM	General Body Meeting	
	3:30 - 04:00 PM	Executive Body Meeting	

DAY 3

February 23, 2025 - 10.00 am to 1:00 pm

Chairpersons: Dr. Charu Gupta, Dr. Deepak Sharma			
SESSION 1	10:00 - 10:30 AM	Dr. Smita Nath	Atherosclerosis in Adolescents and Young Adults
	10:30 - 11:00 AM	Dr. Saurabh Srivastava	Novel Therapies for Obesity and Cardiometabolic Diseases
Chairpersons: Dr. Anupam Prakash, Dr. Neeraj Chaudhary			
SESSION 2	11:00 - 11:30 AM	Dr. Ramesh Aggarwal	Sarcopenia and Cardiovascular Diseases
	11:30- 12:00 PM	Dr. Rohit Saxena	Ischemic Optic Neuropathy and the heart: Visualizing the link
SESSION 3	12:00- 12:15 PM	Dr. Anupam Prakash Dr. Amitesh Aggarwal	Fellowship Ceremony
	12:15- 12:30 PM	Dr. Abha Sharma	Valedictory Ceremony
LUNCH			



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